

## **2010-2011 HOCKEY EQUIPMENT REQUIREMENTS**

This is a list of equipment that each player MUST have in order to play this upcoming season.

- Helmet (Must be CSA approved and have a full cage – no visors)
  - Mouth Guard (mandatory for novice, atom and pee wee. Strongly recommended for initiation.)
  - Neck guard (BNQ registered)
  - Shoulder pads
  - Elbow pads
  - Protective cup (boys) Jills (girls)
  - Garter belt with clips to hold up socks
  - Shin pads
  - Hockey pants
  - Skates
  - Hockey gloves
  - Stick
  - Practice Jersey
  - Practice socks (Game socks will be provided.)
  - Water bottle
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- United Cycle, Canadian Tire, Wal-Mart etc, do carry hockey starter kits which provide a lot of this equipment for a very low price and is recommended for initiation players.
  - If you are unable to determine your child's size for equipment, there is an online fit chart that can be found on the Canadian Tire website.