



New to Hockey?

FOR PLAYERS 4 TO 6 YEARS OLD

Knights Hockey offers two initiation programs for players 4 to 6 years old.

Initiation 1 is a program for beginners who haven't skated before. Once a week, players will go on the ice and learn how to skate and develop hockey skills in a safe, non-competitive environment.

Initiation 2 is a program for players who have some skating abilities and have started developing their hockey skills. Every Saturday, teams will practice on half-ice while on Sunday, it's game day. Games are also played on half-ice, without referees. Goalies do not wear goalie equipment as players rotate and everyone gets a chance to play goalie for at least a shift every game. A goalie stick is provided to each team.

A list of the equipment necessary to play hockey is available on the Knights homepage (www.knightshockey.ca).

This year, our program begins on September 26 when all players will go on the ice. Initiation 1 players will have their first regular session. Initiation 2 players will undergo an informal evaluation. You can expect a call from the initiation director before then to inform you of the exact time and location. Players are evaluated and the results are used to form teams. Every effort is made to ensure that teams are as equal to each other as possible. Teams will be formed soon after the evaluation, coaches will be given team lists and the season will begin on October 9.

If you're interested in coaching or helping out, or you want more information, please contact Adam Millar at 780-633-5090.

FOR ALL OTHER NEW PLAYERS

Knights Hockey offers programs for the following age groups:

Novice: 7 and 8 years old
Atom: 9 and 10 years old
Pee Wee: 11 and 12 years old

Hockey is played at a wide range of skill levels. While the majority of players begin at the initiation and novice levels, many also start at the atom and pee wee levels. Players are evaluated at the beginning of the season and every effort is made to ensure they are placed on teams with peers who play at or near the same skill level.

For more information, please contact one of the following:

Connie Oleksy, Registrar, 780-469-6595
Brad Broomhall, Hockey Operations 780-485-1081
Michel Proulx, President, 780-233-9764